

A randomised controlled trial to assess the effectiveness of massage for chronic pain

Submission date 08/06/2007	Recruitment status No longer recruiting	☐ Prospectively registered ☐ Protocol
Registration date 04/12/2007	Overall study status Completed	☐ Statistical analysis plan ☒ Results
Last Edited 11/08/2008	Condition category Signs and Symptoms	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
NAPREC 97.053

Study information

Scientific Title

Study objectives

Does massage for chronic non-malignant pain reduce pain and anxiety?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Oxford Nursing and Allied Professions Ethics Committee (NAPREC) (ref: 97.053)

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Chronic non-malignant pain

Interventions

Intervention: 15 min massage

Control intervention: 15 min talk with a nurse about their pain

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Pain, assessed immediately after massage and 1, 2, 3 and 4 hours later using a Visual Analogue Scale (VAS) and the McGill Pain Questionnaire

2. Anxiety, assessed immediately after massage and 1, 2, 3 and 4 hours later by the short form Spielberg State-Trait Anxiety scale

Key secondary outcome(s))

Overall rating of intervention by patient and observer (researcher), assessed by an interview after intervention (normally at 4 hours, however for some of the participants who dropped out of study the interview took place at a earlier timepoint)

Completion date

31/12/2000

Eligibility

Key inclusion criteria

Patients aged 18 or over attending pain relief unit whose pain was described as moderate or severe.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

All

Key exclusion criteria

1. Non-English speakers
2. Taken analgesics within two hours prior to treatment

Date of first enrolment

01/01/1998

Date of final enrolment

31/12/2000

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Whichford House

Oxford

United Kingdom

OX4 2JY

Sponsor information**Organisation**

Royal College of Nursing Institute (UK)

ROR

<https://ror.org/0496m4831>

Funder(s)

Funder type

Government

Funder Name

Oxfordshire Health Services Research Fund (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	04/07/2008		Yes	No